



# NEWSLETTER

## TERM 3 & Term 4 2014

### The Chairman's Report

Hi everyone

What a year 2014 was!!

It was an incredible privilege to be part of our Graduation Dinner held at Wesley College early December. To see another 30 grads from three of our Schools celebrate the completion of their time at school and successfully completing Year 13 studies was awesome.

We had a great turn out of students, parents and caregivers, teaching staff, sponsors and supporters.

We have so many people to thank for what had been another breakthrough year. The generosity of the supporting Companies, Charitable Trusts and individuals that keep our programme running so well must again be acknowledged.

Particular mention needs to be made of the staff and management of BNZ Highbrook. We had another very successful BNZ Race Night in November that raised in excess of \$40,000 for TRF. Thanks to Phil Roach, Billy Walsh and the

rest of the BNZ team. Your support of TRF is very much appreciated.

We are looking forward to another solid year for the Foundation this year with the possibility of adding a further three schools to our current family. With 30 more on our waiting list there is no doubt that our programme's model is one that works and is in demand!!

Finally, I would like to wish you all a great Easter break. I trust that you will all find time to relax with family and friends over this coming weekend.

Regards  
John Bongard



### Trustee Member Spiel

Hi,

My name is John Wardrop and I'm a Trustee of The Rising Foundation. I have spent most of my 64+ years living in Papakura/Takanini and have also worked, and belonged to clubs in the same area for a good deal of that time.

After leaving Papakura High School I did a Panelbeating Apprenticeship, then went on to making commercial aluminium and steel windows and finally spent 30 years at Fisher & Paykel Appliances where I held various Management and Executive Management positions until I retired in 2009. Along with The Rising Foundation I am also a Trustee of WorldSkills New Zealand.

The Rising Foundation is made up of a great team of dedicated people and both John and Eli in particular are inspirational.

The underpinning principle that our youth should have a caring and safe environment in which to grow and reach their true potential is fundamental to the organisation's ideals and programmes.

To pave the way ahead we must have confident, engaged and enthusiastic young people that contribute positively in their family, school and community lives and become the leaders of tomorrow.

The Rising Foundation through its leadership, confidence building and mentoring programmes provides pathways for this to become a reality. I have seen the end result!

Our graduates; and where these fine young people are involved will have a bright future. I am proud of what The Rising Foundation achieves and the fact I am playing a small part.

Kind regards

John W



## TRF Private Donation

The Rising Foundation is very privileged to have the generous support from Sir Michael Fay. Each month \$8,000 is donated to our programme to assist with our programme costs, camp accommodation, transport and various excursions which our students participate in during the year. These objectives for these excursions are; to build closer relationships between child and parents, strengthen the relationship between The Rising Foundation, students and parents and extend on existing knowledge of programme, and to allow space for parents and students to relax and detach from their usual daily responsibilities and appreciate a new environment together.

Thank you very much Sir Michael Fay from all the students, parents and staff at The Rising Foundation.

## Sir Edmund Hillary Collegiate School fundraising ventures.....

TRF SEHC School earnestly fundraised every week to subsidize the costs associated with camps, not creating burdens and making it easier upon their families. The underlying fact to fundraising also shows students the importance upon earning things through hard work, relying upon each other in their groups to come up with new and innovative ideas to generate money towards their respective group's funds. SEHC held fundraising ventures such as BBQs; making burgers and steak rolls, ice cream stalls, to car washes! In the end, each group managed to reach their financial goals they had set, raising nearly \$1700 overall, demonstrating the purpose and belief that what seemed impossible at start, can be achieved.





## Fundraising Ventures across TRF Schools

*"CEO was a big responsibility and fundraisers were another responsibility to take hold of. With my group we all supported each other's ideas on fundraising options. Car washing and ice cream sales took us a long way. The communication and connection the group has made us work swiftly through the year and gain the money we needed to help with payments. As well as the kind hearts of other groups who came and helped us. The creativity, union and family values formed between our school group made a huge difference and changed our perspectives that just because we are in different groups doesn't mean we are not all connected. Fundraisers formed a more firm bond between students and really gave me confidence as well as gave us confidence to make more fundraisers happen."*

Year 12 Sir Edmund Hillary Collegiate Student



## TRF Pukekohe High Cake Stalls & Meal Deal Fundraisers



*"We seemed to bond quite a lot and especially by the end of the year, we were so tightly bound together! There was so much trust in our group and that's what brought us to winning those couple of times. We were always communicating and everyone knew exactly what was going on, we learnt the true meaning of being a team."*

Year 12 Pukekohe High School Student



# Outward Bound®

## Classic Course 3—23 August 2014



Before I started Outward Bound my life felt like a continuous routine. Wake up, go to work, come home, have dinner, sleep and repeat it again.

I felt like I was trapped, I had no direction and this is what I thought life was.

When The Rising Foundation gave me the opportunity to participate in Outward Bound, it was like something new and exciting had popped into my life. Something different. So I jumped at the opportunity.

On August the 3<sup>rd</sup> I made my way to the little village of Anakiwa, where my Outward Bound journey begun.

It was scary being in a place full of strangers I had never met before, but it was exactly the same for everyone. We were all strangers to each other which made things a bit easier.

We weren't told what we were going to be doing for the 21 days but instead they made us live "in the now" that was something the staff of Outward Bound were quite passionate about.

So every day became a challenge, physically, mentally, and emotionally.

During Outward Bound I found myself falling back into my old habits-giving up when things got hard, complaining when things weren't going my way, and I lacked motivation to persevere. Luckily I had my team with me we were called Hillary Watch. Hillary Watch and Outward Bound as a whole helped me find that spark of motivation again, I regained that confidence I once had as a kid where diving into mud was something normal or scaling a rock climbing wall was easy or trying something new wasn't an issue at all.

Outward Bound opened many doors that had been closed for a very long time, but most of all gave me strength in myself.

Post-Outward Bound I felt absolutely invincible, like I could do anything I ever wanted, like I could exceed beyond any obstacle life throws at me. Outward Bound became my main topic of conversation, it had that much of an impact on me and still to this day seven months later I find myself sharing the same story.

Outward Bound helped me find me.

Many thanks to The Rising Foundation, Rotary Club of Papakura, H R Hornsby Memorial Scholarship, and Joyce Fisher Charitable Trust for presenting me with this opportunity.

"Plus est en vous" (There is more in you)

Debbie Kingi (2013 TRF Graduate)



# **TRF Term 3 Leadership Camp** **Manurewa High/Wesley College/Papakura High & Sir Edmund Hillary Collegiate Schools**

**Monday 29 Sept—Friday 3 Oct**

## **TRF Term 3 Transition Camp** **Pukekohe High School & contributing schools** **Sun 5 Oct—Thurs 9 Oct**

Pukekohe High School's Transition Camp at The Farm included Pukekohe High and Year 8 students from Pukekohe Intermediate School. For our Intermediate Schools, 'Transition Camps' aim to provide a basis for students who may find moving from Intermediate to Secondary education a challenge with a number of issues such as the feeling of isolation: coming from a system where you stay in the same class of 30 students, to a school with five different classes a day and 1600 other random students. By partnering Year 8 students with our already established TRF students and their group systems, the newly inducted Year 8 students become apart of the bigger TRF family. Having already established a relationship with their Pukekohe High School TRF group members and gaining senior buddies who look out for and mentor our new Year 8's. All in all, making the process of transitioning into a new and foreign environment a whole lot smoother!

For Pukekohe High School, it was the camp where everyone transitions into higher leadership positions within the group, especially the overall group leadership direction being handed down to the Year 11s, the next CEOs of each group for the following year. CEO's and Year 12's of 2014 were promoted to Advisors, where they oversaw and helped the new incoming CEO's, with the Advisors then becoming JB's, ready for graduation to come. It also was the first camp for our Year 8's getting them exposed to the systems, 'Four Pillars', and principles of The Rising which helped them ease into High School life.

The week before Pukekohe High Transition Camp, Sir Edmund Hillary Collegiate, Papakura High School, Wesley College and Manurewa High School also attended the Farm with the same purpose of handing the reigns of leadership over to the students of the year below, and allowing the Year 11's to step up as the CEO's for 2015. The interaction between the existing members and new students to The Rising is what creates and builds strong positive relationships. Through these safe environments the young people were able to face their fears, work together to overcome them all in the pursuit to unlocking their potential. With the promotion of students to different positions, it also came down to differing responsibilities with students delivering workshops to other students. We had students passing on their knowledge on our four pillars of Accurate Representation, Mensa, Collaboration, and Creativity.

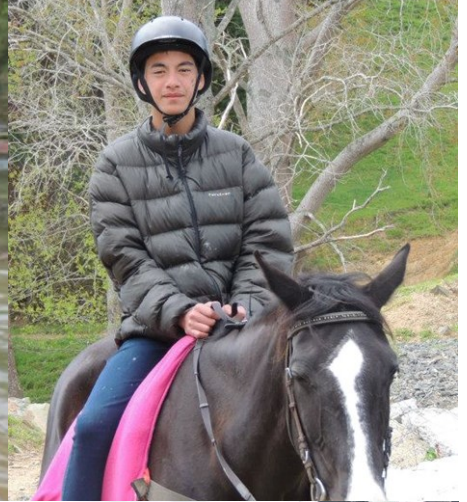
Some of the activities that the students took part in were learning how to ride a clutch motorbike, learning to ride a horse, raft building, kayaking, and tramping. One of the biggest challenges we had was the kayak challenge, which pit teams racing against each others time to win. The race saw half the students running over hills, crossing paddocks, wading through mud to kayaking their way back to the start, with the other half doing the course in reverse. The Kayak Challenge provided many challenges, all designed to bring individuals out of their comfort zones, push and test individuals and team cohesion and capabilities.

A Year 11 girl who was leading her group for the first time said *"I learnt how difficult it was to try and work/bond as a group when a whole lot of year 8s are thrown into the mix! It was definitely a challenge for the whole group but by the end we had learnt how to work together despite our differences which ended up benefiting us in the long run"*.



# TRF Term 3 Transition Camp & Leadership Camp

## Photos.....







## BNZ Partners Highbrook Race Night November

Billy Walsh and his fantastic team at BNZ Partners Highbrook put on another excellent fundraiser evening on Friday 7 November. The concept is staged around actual horse racing footage that's been videotaped using cinematography cameras and narrated from start to finish. The suspense and close up action created the atmosphere of actually being at the racetrack.

Seven races took place with race eight being an auction race. Once again our fabulous auctioneer Kevin Hickland wowed the punters to outbid each other for the final race. Race winnings were redeemed against prizes donated by businesses. The concept worked extremely well with many businesses willing to donate prizes for a good cause.

The delicious variety of food offered and catered by Papakura High School students was extremely popular. Thanks to Di Corban and her team of students!

It was also great to see some secondary school students who are on the programme from Pukekohe High, Papakura High, Manurewa High and Sir Edmund Hillary Collegiate, their presence among our guests made this event even more special.

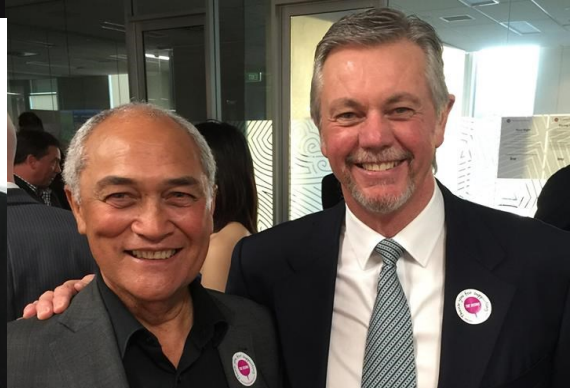
The evening raised \$40,173.00 which goes towards the students to enable them to participate in leadership training and transition camps.

Special thanks must go to BNZ Partners, JB Hi-Fi, 100% Appliances, BEKO, Fisher & Paykel, Teale Metal Products, Vodafone Events

Centre, Vodafone Warriors, Canterbury Bulldogs, Les Mills, Fine Wine Delivery Company, Zlato Jewellers, BDR Max, Murphy's Law Irish Bar Drury, Nicholas Jermyn, Sabato, Pullman Hotel, Glengarry Wines, ANZ Bank, The Langham Auckland, AJ Hackett Bungy, New World, Intersea and individuals for the donated prizes and support.

To all our owners, jockeys and attendees thank you for making the evening a great success!

*"Helping youth is what we do and to have the opportunity to go to the BNZ fundraiser was unreal. It was the first time I have ever attended something like this. I have never felt so inspired or amazed at the people who came, seeing people like Raelene Castle; CEO of the Canterbury Bulldogs, to the MP for Maungakiekie the Hon. Sam Lotu Iga. I feel really proud and grateful to the people who supported us on that night, by bidding on the various auctions, to betting on the horse races – with all money going towards TRF. Their generosity has motivated me to try even harder in TRF, school, and overall life. This money will help us to help more youth as well as take more on board, letting them experience what I have through out my journey. I am forever thankful for those who support The Rising Foundation. With this support and donation many others and I are able to establish our own confidence and higher self-esteem. I am forever thankful". Female Year 12 Student*





## GIRLS DAY OUT

### Saturday 8 November



On Saturday 8<sup>th</sup> of November five students were selected to watch the Fast5 Netball World Series, due to their ongoing participation and commitment to the programme; and as a result also seeing participants build closer relationships with fellow team members. After getting dressed up in their costumes they headed off to Vector Arena to watch the Silver Ferns battle their oppositions to come up on top. An exciting and fun filled day enjoyed by all who went. Thank you to Netball NZ for the complimentary tickets!



**NETBALL**  
NEW ZEALAND



#### Captions:

*"Had an amazing day today with these girls!"*

*"Our costumes were on point and had best day ever!"*

*"Wasn't a down moment at all."*

*Year 9 Girl*



## 2014 TRF JB Graduation Dinner Held at Wesley College

December saw 30 JB Graduates come together from three different schools; Papakura High, Sir Edmund Hillary Collegiate and Pukekohe High to celebrate the ending of their journey with TRF. The next phase will now begin for them as they step into the workforce or go on to Tertiary studies.

Thank you to all our sponsors, supporters, parents and families, school officials and also to the representatives from NZ Police who came out to help celebrate the achievements of our Year 13 students. Special thanks must go to Wesley College Deputy Principal Boarding Steve Tema and Wesley College Head Chef Sharron McCowatt for providing a wonderful venue and a lovely meal for all.

Thanks also to Kelvin Ricketts from Zlato Jewellers for designing and producing our graduation rings.

**We as the TRF Board are so proud of each one....to you all we say Congratulations!**

<b>Papakura High School Graduates:</b>	<b>Sir Edmund Hillary Collegiate Graduates:</b>	<b>Pukekohe High School Graduates:</b>
Benjamin Abela	Klender Talapule	Billie Paterson
Laekin Morrow	Hinemoa Lauaki	Filimone Loumoli
Arthur Crichton	Meleane Vake	Hana Faleatua
Justin Waru	Zaibedah Holland	Jordan Oppert
Calvin Tautari	Gwendoline Peyroux	Kaitlyn Murray
Ngamira Warren	Christopher Seiuli	Liana Vaipa-Rice
Aviata Tanielu	Jaydene Taylor	Lupe Soapi
Tevita Paea	Monique Shepherd	Maryann McKinley
Ariana Tupoutoa		Nikita Henwood
Schae Roberts		Reece Morrison
		Tevita Setefano
		Virginia Tolifolau





TRF JB Graduation 2014 Dinner continued.....





# TRF Respite Camp 2014/2015

## Friday 26 Dec 2014—Thursday 8 Jan 2015

The end of December 2014 through to mid Jan 2015 saw The Rising Foundation hosting a combined schools 'Respite Camp', an opportunity for those students who have done exceptionally well during the year, and also those who may just need time away in a different environment to refresh themselves. Exploring the near whole North Island and experiencing new things such as swimming with sharks, to berry picking and jam making, here is an excerpt that two students have written, showing what they captured from this amazing experience:

*"Travelling to Gisborne and Napier was not only an amazing adventure but a memory that will always be in my heart. An instant spiritual and emotional connection tugged on me between these two places. Not only did I feel relieved but I felt curious for what was to come within the few days of our stay. Somewhere where I could reflect on my history, my path and who I am. Gisborne is a location that means a lot to me, it is my home. I was born there, and Tokomaru Bay is my father's home, which makes it a significant location to me. I haven't visited that place in one and a half years and it was such an amazing experience to travel to it with my TRF family. To see everyone interact and enjoy their time in Gisborne gave me joy and made me proud. To spend time there made me feel free and I felt like this was impacting on me already, making me feel happier and more excited to see what was coming next.*

*When we arrived in Napier, it felt like a family trip already. I didn't know much about my whakapapa as much as my sister did, so this was a great starting point for me. To hear the history of Omio Marae was so cool, and to understand everything about it and to also see everyone embark and listen to its' amazing stories. Seeing my Waka in Napier carved on the wall (Nga Toki Matawhaorua) made me so proud and privileged to know that was my peoples. To be sleeping within the walls full of knowledge, history and ancestry made me feel blessed. When I was taking a photo with the Waka, it was exciting to see one of the girls jump in and say that was also her Waka, it made me feel so honoured. Looking at the carving, the finer detail and also the meaning that was behind it, was beautiful. This was another beginning and new journey for me to discover and unlock knowledge of my culture and myself. To discover more than the limited understanding I currently have. At this point, it gave me motivation; a little nudge to start to believe in my culture and myself to start to understand who I am and where my path would lead me. I am grateful and thankful to have been on a life changing journey as well as now being proud of who I am."*

**Year 11 Girl – Sir Edmund Hillary Collegiate School**





## TRF Respite Camp continued.....

### **Capture from Year 13 Girl – Sir Edmund Hillary Collegiate School**

*"The journey from Gisborne (Pakowhai Marae) to Napier was such a long drive, but it was worthwhile. When we arrived safely we were all welcomed by the wonderful, caring owners of Omio Marae with a small morning tea. It didn't take us very long to get comfortable in our new environment. Everyone got along so well at this Marae; better than the previous, because everybody knew each other and not many students hung out in school groups or just with their friends and that was such a cool thing to see.*

*All the vans knew their place, with what chores needed to be done, when they needed to be done, and who needed to be where. It was great learning all the small things at the previous Marae to better us for the next.*

*Every night hearing different people stand up to speak and share their story was great learning for every one of us. We all learnt something from one another during those koreros by connecting them altogether. When it was my turn to stand up and speak my mind, I was real confused and nervous. But as I talked about my journey through TRF it gave me a better understanding of myself and my surroundings, and how I can improve those things during camp and the new year.*

*Napier was an amazing place with so much in store for us. Omio Marae had so many stories hidden in the carvings and paintings along the inside and outside walls. I learnt so much from the Tangata Whenua (local people of the Marae), not only about the Marae but about my culture and how we can all connect with the different Wakas. I was amazed seeing the carvings of all the Wakas inside the Marae, especially seeing my own Waka in there and finding out this Waka belonged to another girl from camp. It was so good to learn about the history and ancestry of Omio and that is something I will carry with me for the rest of my life.*



*Quiz night was exciting yet scary for some of us. Finding out we were about to face our fears of sharks. I was taking in a lot while standing on the ledge of the platform. To dive in a tank full of sharks, stingrays, and many more creatures was overwhelming, but to be swimming with such dangerous creatures and that, is something I think everybody will be grateful for. Even going berry picking, it was way more fun than I expected it to be. Everyone seemed like they were having so much fun too! The berries tasted so good as well and we enjoyed our time making the jam. I couldn't wait to try it.*

*The last night of 2014! It was scary for me to know that we were entering a whole new year; not knowing what was ahead of me is what scared me, just hoping I can make this year a good one. On the bright side I was more than happy to know I spent New Years with my TRF family. I couldn't ask for anything more. Camp was such an unforgettable journey. My experience taught me to look at challenges differently and instead of giving up, find a way around them or work my way through them. It also changed my behaviour and attitude towards a lot and to appreciate the things I have. Respite Camp is something I shall always be thankful for."*

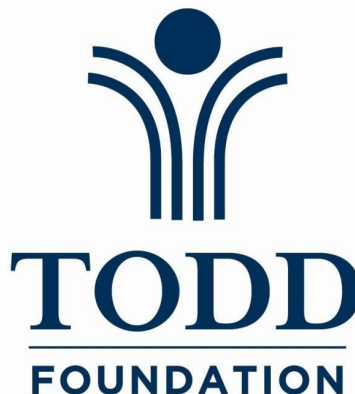




## TRF Community Friends

The Rising Foundation would like to acknowledge all Sponsors, Family Trusts, Corporate Businesses, Individuals, Local Businesses, School Trustees, Principals, Staff, Families & our Community Trusts who have sponsored a child/s or have assisted us to expand our programme "Unlocking Your Potential". 2013/14 has seen 1620 individual youth, their families and friends participate in our programmes across the wider Auckland area. Your generous help and support have seen many mind shifts and lives changed that have seen youth with a confidence to set themselves goals for the next 1, 3, 5 years. To embrace differences; to expand their networks; understand time management & more.....

Thank you for choosing to support The Rising Foundation; it is truly appreciated by all.





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## LES MILLS

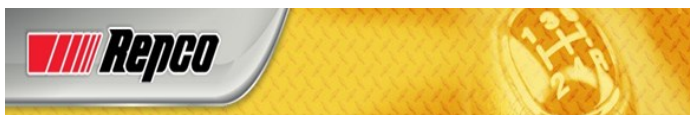


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