

"Unlocking Young People's Potential since 2009"

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Hi everyone,

Another busy term for the TRF family!

One of the highlights for the term for me has been observing our progress with the growth and sophistication of our Careers Camp.

It is really encouraging seeing Tiare and her team executing a very professional programme that enables our students to visit various career options and be exposed to the amazing opportunities available to them.



I am delighted to see so many corporates and agencies getting in behind our Transition 2 programme and helping us encourage our students to discover opportunities in careers that they may never have dreamed of pursuing.

Companies such as the BNZ with Jane Brice and her Financial Literacy Team add so much value to the programme as we discuss not only personal financial topics but also opportunities for our students in the banking industry.

Other workshops for our students with Digital Discipline, Odyssey House (drug and alcohol harm reduction) and Workplace Health and Safety, add enormous value to the programme along with presentations from the NZ Defence Forces, the construction industry, NZ Police, Oranga Tamariki, AUT and local teachers who all help contribute so much to unlocking the future potential of our student body.

The week also included a visit to Mount Smart Stadium and the Warriors with a guided tour from Lincoln Jefferson who spoke about the professional sports industry. Our thanks to Pulman Lodge and their amazing staff for their service and attention.

During the term holiday we also ran our first ever Juniors only camp. We have been pioneering our new Transition 1 programme (focused on the transition from intermediate to high school) at Rosehill College in Papakura. This programme is now being rolled out to Manurewa High and Sir Edmund Hillary Collegiate in Otara. We will be analysing this process with Impact Lab our partners in programme evaluation. We believe this to be a key for improved outcomes in our overall programme.

Regards, **John** 

John Bongard **onzm, crsnz**Board Chairman, The Rising Foundation



Unlocking Your Potentia

## Zaffron's Onboard!

Malo e lelei & shlama loukhon! My name is Zaffron Norris and I am a 2021 JB Graduate from the green and gold school that never folds, Manurewa High School. I joined in 2019 and have been a part of The Rising Foundation for three years now.

I have two younger siblings that are also in TRF, one of them actually joined before me and is the reason I am even in The Rising Foundation. Being the eldest sibling of four kids was not an easy job, but it has built me into the person I am today. I knew that I had to lead by example to pave the way for my siblings to successfully understand their purpose in life. I had to be a positive influence in their lives after understanding that I didn't have any and I want them to have a better upbringing than the one I had.

I was never the type of person who could take criticism from outside perspectives but since joining TRF, I have been forced to view myself from that outside perspective and embrace the lessons and teachings that were taught at weekly school meetings with Jordan and camp workshops to better my character and the impact I have on the people around me. I had to learn to be comfortable with the uncomfortable, and this is something that I will never forget.

In the beginning of 2022, I was given the opportunity to join The Rising Foundation as a Junior Programme Co-ordinator for Manurewa High School alongside Jordan Tanielu who was my PC in school. Being on the other side of TRF has put new things in perspective for me, it has taught me a different level of maturity and responsibility that I've never had before. Despite the fact that I never pictured myself in a leadership role at this stage in my life, I am determined to persevere and do my part in giving back to TRF for all they did, and still continue to do, for me and my family.

The Rising Foundation has been one of the best things I have been a part of and I cherish and am grateful for the lessons, memories, experiences and life-long friendships I have gained from my years in the programme. TRF for life leshgooo.

Zaffron



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We are excited to announce the appointment of our latest Trustee on the Board of The Rising Foundation:

## Hēni Marie Mahinaroa Horomona (Jenny Solomon)

Ngāti Porou, Ngāti Kahu ki Whangaroa

Jenny's early career has focused on corporate learning and development and she was also co-director and CEO of a successful Māori training establishment — The Solomon Group.

Since 2018 Jenny has moved into Governance and Consulting roles. Through these Jenny helps organisations to develop in areas such as People strategies, Learning and Development, Governance, Strategy, Innovation and cultural competence.

She is passionate about supporting organisations to achieve social outcomes (especially for Māori, Pasifika and Rangatahi) and equality in Aotearoa.

She currently serves on five Boards and is also completing a Board Internship with a CCO – Tātaki Auckland Unlimited.

She is a member of the Institute of Directors (IOD) and holds an EMBA (hons) from Massey University.

Jenny is passionate about helping people develop to their potential. She is proud of her Māori heritage and brings strong values of whanaungatanga, kaitiakitanga, manaakitanga and mana o te tāngata.



**More Comings and Goings** 

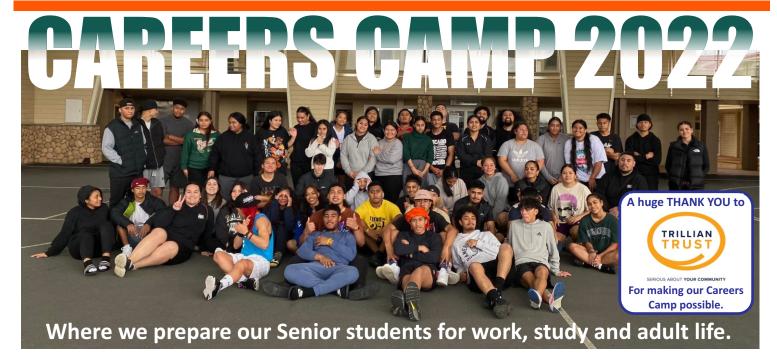




We all know that change is the only constant and we are saying welcome to three new team members: Chygr Tupuola, Maia Tipu and Zaffron Norris and farewell to Maria Tarrant (pictured here with her husband Lyonel) who is stepping down from her role with T2 and going on maternity leave. We wish each one well in their new adventures.

Chyqr (Pronounced 'Checker') joins the team at Sir Edmund Hillary Collegiate, Maia takes over Maria's role as a Transition 2 Coordinator, heading up the TRFWork Service and Zaffron is joining the Team at Manurewa High School.

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Transition 2 is tasked with allowing students to explore opportunities out there in the real world of work and education. Understanding that this very challenging chapter, moving into adulthood can be daunting.

We set out to deliver a week's worth of universal knowledge and skills to interweave all the vital strands that describe becoming an adult. We invited 50 of our Year 12 and 13 students across our schools for version 2.0 of 'Careers Camp'.

One important goal of this camp is to highlight real problems we see crippling young people today. We show our seniors how to avoid falling into patterns of behaviour that get themselves stuck - when they need to be progressing. In essence we make students aware of how informed decision-making, when activated in all areas of our lives, can set them on a healthy course at this pivotal moment in their journey. All our workshops, seminars and trips were underpinned by this mission.

Each day had a theme, Monday was dedicated to 'life skills' where young people got the opportunity to attend Job Readiness, Financial Literacy and Car maintenance workshops.



We had our friends Rochelle, Ivana, Leota and Lisa from BNZ come in and assist Programme Coordinator, **Aviata Tanielu** in delivering the Financial Literacy workshop, thanks guys!

Having banking professionals come along with the figures to back their korero is always an eye opener.

The outcome we desired for the first day, was to prompt our young people to think about basic skills that will help them along their way after school.



Day 2 of camp saw the focus shift to employment preparation where we had **Afele Paea** speak to our young people about their rights in the workplace. Afele gave us a glimpse into the health and safety realm that took cultural values into consideration.



Later that day, we went to Mt. Smart Stadium where we were given a tour by Warriors Foundation CEO, **Lincoln Jefferson**.

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Students also got to sit into a health seminar looking at opportunities in NRL and encouraging player well being. Aspiring athletes participated in a gym session run by NRLW star, Charlotte Scanlan. The chance to train at that level gives our young athletes a glimpse into the expectations of a professional.



Wednesday started off with a session from Tony Laulu and his programme "Digital Discipline", talking about raising awareness for our young people on the impact of social media and screen time on their quailty of life. Both the students and staff were then taken through a zumba class with Jay, which allowed everyone some time to move and have fun.



Wednesday's theme of hauora (health) continued with a visit from Odyssey House with clear and relevant guidance on how to minimise harm in relation to alcohol and other substances. Many of these conversations were developed to encourage our young people to care for their whole selves, physically, virtually, emotionally and mentally. Creating a space so that they may reflect on what's important to them. In the evening, we split into gender groups with staff facilitating workshops on healthy relationships and parenthood.

Thursday was a quick trip to AUT with a tour of their campus, providing insight into the degree programmes on offer. Thank you to Corey and Satriani for hosting our students. From this trip, we have one of our Rosehill Year 13 students who was truly inspired by Satriani's korero that she is now enrolling at AUT for BA majoring in Maori Development.

In the afternoon, we set into a games afternoon followed by real life opportunity talks with NZ Police and New Zealand Defence Forces - always popular career options for our young people.

Friday was all about 'facing your fears'. The first activity helped rangatahi face a 'fear of heights' with a 40 meter Auckland Bridge Bungy Jump. The second activity poked the fear of public speaking. Our Symposium was the Grand Finale to end off a spectacular week.



These were very different experiences but both taught that we can conquer any fear with determination and support. We truly want to congratulate every single student who jumped off that bridge and stood up on that stage and spoke from the heart.



Articulating yourself and declaring your future aspirations needs effective communication, an employable skill, but more importantly - a skill that helps you function well as an advocate and influence in our society.



We would like to acknowledge all our providers and sponsors for helping support our mountainous vision, of truly helping our tauira take ownership of the direction of their lives and thoroughly equipping them for good decisions and healthier futures.

## KEEP OUT! Juniors Only!

Week two of Term 2 holidays saw The Rising Foundation pioneer a new style of camp bringing together Year 9-11 students from across all five schools to Marsden Bay Christian Camp to be immersed in a Junior specific camp - a first of its kind!

Juniors Camp served as an opportunity for our younger students to upskill in leadership, explore the TRF culture as a Junior and experience workshops specifically tailored for their year level. In planning for this week, we were all equally excited and nervous for our outcomes! But by the end of this camp, our staff have seen, heard and experienced the richness in the future of TRF and all that this next generation of our amazing young people have to offer!

Each day offered our students a chance to apply themselves to different activities that would require them to develop different attributes - communication, team work, trust, confidence, overcoming fear and stepping out of their areas of comfort. Our staff were stationed at every activity ready to encourage and/or challenge our students - the 'Mud Run' at Matakana was a particular favourite.

We decided to teach our students from our pool of core teachings that we, as programme coordinators, had been impacted by in our younger years while at High School with TRF. Our hope was that the same golden nuggets of wisdom that have stuck with us, would remain also with them.

Our Extracting Principles, Iceberg Principle, Ripple Effect, King of the Jungle teachings and our 'Choice' introductory workshop gave our students enough wisdom to pick from and hold close.

We have every confidence that our students have the ability to take these lessons, principles, tools and key phrases and apply them to their very diverse contexts.

One of my highlights would definitely have to be our Year 11 students. At this camp our Year 11 students were able to get hands-on experience as CEO/group leaders. They gained awareness of the successes and challenges faced by group leaders, a great preparation for their senior years. This challenge was met head on, as our Year 11 students stepped up to the plate and smashed it!

Each CEO slowly but surely began to step into their style of leadership, heavily supported by their young peers.

It was awesome to see our Year 11's develop throughout the entire camp - literally leveling up from shy and awkward to confident and bold!

My final highlight would have to be our night activity that started as group games/challenges but ended in a dance battle/cypher! It was beautiful to see that our staff planned one thing but it morphed into something that our students created out of their genius, vibe and vulnerability.





It was a real joy to see our Juniors relaxing and letting off steam. This was creative energy expressed in a safe and affirming space!

How it all transpired could only be accurately described by experiencing it for yourself. The future of TRF is in the hands of young South Auckland students that are aggressively proud of where they come from, over the top intelligent, creative beyond measure and uniquely gifted.

We work hard behind the scenes to raise the running costs of our excellent programme.
Will you partner with us?

**Look for: The Rising Foundation Trust** 

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chive

www.chivecharities.nz/charity/the-rising-foundation

Unlocking Your Potential

This camp affirmed that the space we offer here in TRF is one that nurtures the greatness already in our young people and prepares them to show it to their world!

After the awesome success from this new style of camp, we are looking forward to crafting another Junior Camp next year for more of our TRF seedlings to have this space to explore who they are in TRF.

A massive thank you Trillian Trust for believing in us and entrusting TRF with the funds to create these experiences for our young people; to Donna for ensuring all our ducks are in a row for funding and administrative support and to all our dedicated staff who attended. We truly appreciate the tireless support from our amazing JB graduates and volunteers and huge thanks to Sue, Trev and Mike from Marsden Bay Christian Camp for offering us this space to do what we do all whilst being warm, dry and with full stomachs.

One last fa'afetai lava to Faumuina Eddie Lepou thank you for casting the vision for us and for spearheading the planning, organisation, logistics and position as Camp Lead. Juniors Camp, signing out - till next year! Manuia!





For many of these young ones this was the first experience of TRF camp culture, but they mixed in well and had a great time.



## TRANSITE 21 meaningful work for our rising generation

In addition to our Term 2 camp, the Transition 2 team has been hard at work assisting members of our student and Graduate family make to practical steps towards their choice of employment or study. We continue to help and support everyone with their drivers licences as they become eligible.

## **TRFWORK**



## **Davanny Completes her internship**

We're excited to announce that Davanny has secured employment as a Traffic Controller for Te Wai Horotiu (Aotea South Station) after completing her 16 week internship with Hauwai at City Rail Link. This fast track into the industry has been a real benefit to a number of our students and we really value our relationship with CRL. Pictured here with Thomas from Education Unlimited and Singa, Davanny's mentor from Downer.



We're proud of Kaati for holding down his new job.

## A Job for Kaati

Kaati is a school leaver from Rosehill College who joined The Rising programme back in 2018. He left school at the end of last year and completed a "Skills Update" course with our support. Since then, we have kept in contact with him and managed to secure him full time employment with DDL Construct through Saimone, one of our JB Graduates from Pukekohe High. The TRF network in action!



## **Tertiary preparation seminar**

Our first in-person seminar where we helped to ease the stress of the daunting transition into tertiary study by diving deep into the process of applying to universities. We familiarised our rangatahi with key stakeholders: NZQA, StudyLink, IRD and RealMe. Making these decisions can be difficult and costly. We want students to make whole hearted choices into tertiary education. Learning this in Year 11 can extremely impact the trajectory and subject selection choices for the end of their high school life.



Many of our students see Waikato University as an excellent alternative to study in Auckland - a growing number of our alumni choose courses in Hamilton.



## **University of Waikato Trip**

With thanks to Mary and the recruitment team for their support in our annual UOW Trip with our senior students. Awesome campus tour and in-depth orientation around study, faculty, student associations and support.

Unlocking Your Potentia

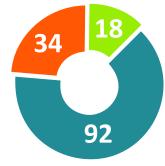
## **TRFDRIVE**

We hosted our first all-day worshop this year at Papakura High School. Nine students attended and our newest staff member, Maia, taught some of the sections of the workbook. The workshop was held on Wednesday 27th July and students sat their test on Thursday 28th. Well done to the seven of our nine students who passed!

A highlight of our work this term has been seeing many more of our TRF whanau graduate TRF Drive. These are students who attended their very first Learners Licence workshop, hosted by Te Ara Haepapa, back in 2019. Samantha Savieti, Mary Solovi, Alfred Paea, Milika Alele, Elijah Olano, Nese Godinet, Maia Tipu, Paea Veatupu and David Sula all Gained Full Licences. We are so very proud of them all!

## Some Statistics so far this year:

- Learners
- Restricted
- Full





## **Warriors Fundraiser Trips**

Playing professional sport has become increasingly popular in recent years for TRF. We thank our friends at the Warriors Community Foundation for home game tickets to watch the Warriors at Mt Smart Stadium. Students interested in playing Rugby League and fans of the game were chosen to attend. We were tasked to collect important donations at the gates ahead of the game, building skills to better their confidence in public. Volunteering with other charities is what TRF is about. Thank you to Lincoln and the team for the opportunity to be apart of live home games since Covid in 2019.







# THE FOUR PILLARS OF TRF

## INSIGHT

## (Thinking Systems)

The ability to extract, grasp and internalise principles, develop higher moral reasoning and mature in emotionally healthy ways.



## **SYNERGY**

### (Collaboration)

The ability to function well within an established group while maintaining the identity and purpose of each individual.



## INTEGRITY

## (Accurate Representation)

The ability to put values and principles into practice consistently and

wholeheartedly in our daily life.



## **CRFATIVITY**

## (Innovation)

The ability to continually develop new ways to express our values and principles for the benefit of ourselves and our community.





The lifetime of work of a wise old friend of The Rising Foundation is being showcased and honoured throughout the country with viewing of a new documentary about his life.

We recently joined Ron Phillips, Author of Gem of the First Water - and creator of the Gem Journey Intervention we use as part of our programme, for the NZ Premier of *The Storyteller*. Please take the time to see it and learn more about this great guy.



## A Community of Friends of TRF

The Rising Foundation would like to acknowledge all Sponsors, Philanthropic Trusts, Corporate Businesses, Individuals, Local Businesses, School Trustees, Principals, School Staff, Families and our Community Trusts who sponsor students or have helped us to expand our programme. During the thirteen years that the programme has been running, we have seen 2000+ students and their families and friends benefit from our work across the wider Auckland area. Without your generous support and collaboration none of this would be possible.

Thank you for choosing to support The Rising Foundation; we all truly appreciate it.

## **MAJOR SPONSORS**









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