

1 - CHAIRMAN'S MESSAGE  
2 - PILLAR THEMES  
3 - TRANSITION 2

4 - WHANAUNGATANGA  
DAY PUHS & RHC  
5 - CELEBRATING EXCELLENCE

6 - GRADUATION 2023  
7 - GRADUATION AWARDS  
8 - THE PARTING SHOT & SPONSORS

# RISING FOUNDATION NEWS TERM FOUR 2023



Hi everyone

Firstly my personal congratulations to all 44 of our graduates on another excellent evening celebrating our 2023 Programme Graduates. Thanks to my son Sam for speaking on behalf of our Board of Trustees this time. Unfortunately Diane and I were unable to be there with the team this year as we were off shore.

We did however have a tremendous turn out from Family and friends and this encourages us to see how well supported our young people are.

Many of our graduates had attended the Hawaii trip earlier in the year so it was great to see Raj, Nadine and Tineke from New Zealand Police arrive to follow up on their ongoing journey.

A special thanks to some of our major sponsors for joining us on the night, Lizzie and Malcolm from Sky City, Mark and Wendy from Kitchen Things and David and Carmel from the Due Drop Events Centre, who recently hosted some of our transitioning Year 8's at the Vector Wero Whitewater Park.

We also enjoyed seeing Chris, Lesieli and Zech from Papakura High School and Graduation wouldn't be graduation without Fane, Aso and Mr Europa from Sir Edmond Hillary Collegiate.

In term four we focus on our Four Pillars and on building our Juniors and meeting our intermediate students, this allows our seniors time to focus on their studies and exams, we celebrate their achievements later in this newsletter.

Finally a big thank you to everyone who has contributed to another successful year for The Rising Foundation, we couldn't do it without you.

Have a very joyous Christmas with family and friends. See you all for an exciting 2024 coming up!

Cheers  
John



John Bongard - ONZM CRSNZ  
Board Chairman, The Rising Foundation





## PILLAR THEMES

### INSIGHT

The ability to extract, grasp and internalise principles, develop higher moral reasoning and mature in emotionally healthy ways.

**Choice** The choices we make define the quality and direction of our lives.

**Attitude** Attitude determines altitude, if our attitude is limiting our progress, change it!

**Emotions** We learn to overcome childish and impulsive emotional habits.  
Emotions are great servants but terrible masters.

### SYNERGY

The ability to function well within an established group while maintaining the identity and purpose of each individual.

**Identity** We discover personal, family and cultural identity acquisition for ourselves.

**Communication** We learn the importance of clear and direct interactions and levels of conversation.

**Relationships** We discuss courage and vulnerability and see the influence of positive and negative attachments.

### INTEGRITY

The ability to put values and principles into practice consistently and wholeheartedly in our daily life.

**Honest** We learn to live an honest life with ourselves and others.

**Grateful** We find the power of gratitude in various areas of life and see the resilience it gives us.

**Genuine** We 'keep it real' and make sure that we are putting things into practice and not 'faking' when we need to be changing.

### CREATIVITY

The ability to continually develop new ways to express our values and principles to benefit ourselves and our community.

**Achievement** We take hold of our time and opportunities to build confidence and self-reputation.

**Purpose** What we love, what we are good at, what we can get paid for and what the world needs.

**Vision** Who will we be? Where is our life going? Our future starts here and now.  
This is our best time to shift our trajectory and aim high.

**KNOW  
IT**

**SHARE  
IT**

**LIVE  
IT**

**SPREAD  
IT**



# TRANSITION

**TRFWORK**  
moving you forward

**TRFDRIVE**  
moving our future

## AUT & UOA OPEN DAY

Students from Papakura and Manurewa High came along to check out both Universities Open Days. We visited the Business, Teaching and Law faculties. Two students from the trip have both been provisionally accepted into AUT and UOA! Well done ladies.

## CV WORKSHOPS

Throughout the year students begin to look for part-time work, all the way up to Christmas school holidays. We help them to get their CV's up to date and get them ready for one on one interviews with employers. We want to acknowledge all our students still in school and holding down a part-time job.

## MANUREWA HIGH & TSI:

We have 25 students on average attending each week, the majority being junior students. The initial design of the wananga was open to all MHS students, but nearly all these numbers are from TRF Manurewa High. Each week has been hosted by a range of tech companies such as GameTan, DataCom, Mission Ready HQ and Spark (Maori and Pacific Representatives).

## NEW ZEALAND SCHOOL OF TOURISM VISIT

During our trip to the New Zealand School of Tourism three of our students became interested in enrolling to the Institute following the Open Day in September. The day was full of interactive workshops and tours showing the faculties and a little bit of what a day in the job would be like.

## FIBRE FONE

With thanks to our Fibre Fale partnership, students were able to explore pathways that they can attain and see their authentic selves in.

## ICE TERTIARY PREP SEMINAR

This session enabled us to 'paint a picture' of what University can be like. We are constantly bridging this gap of knowledge and experience to inspire our taurua to make well informed tertiary choices.

## CAREERS EXPO 2023

The Careers Expo held at The Cloud in Auckland, was one of our first career-based trips for TRF Work in Term 1. Getting closer to the end of the schooling year, this was a great opportunity for our rangatahi to gain exposure to the different industries available to them.

## EMPLOYMENT SEMINAR

We were fortunate enough to have AWF, New Zealand's largest recruiting agency and "The Work Collective" come in and present to our rangatahi for version 2 of our Employment Seminar.





# WHĀNAUNGATANGA DAY

*Rosehill College & Pukekohe High School*

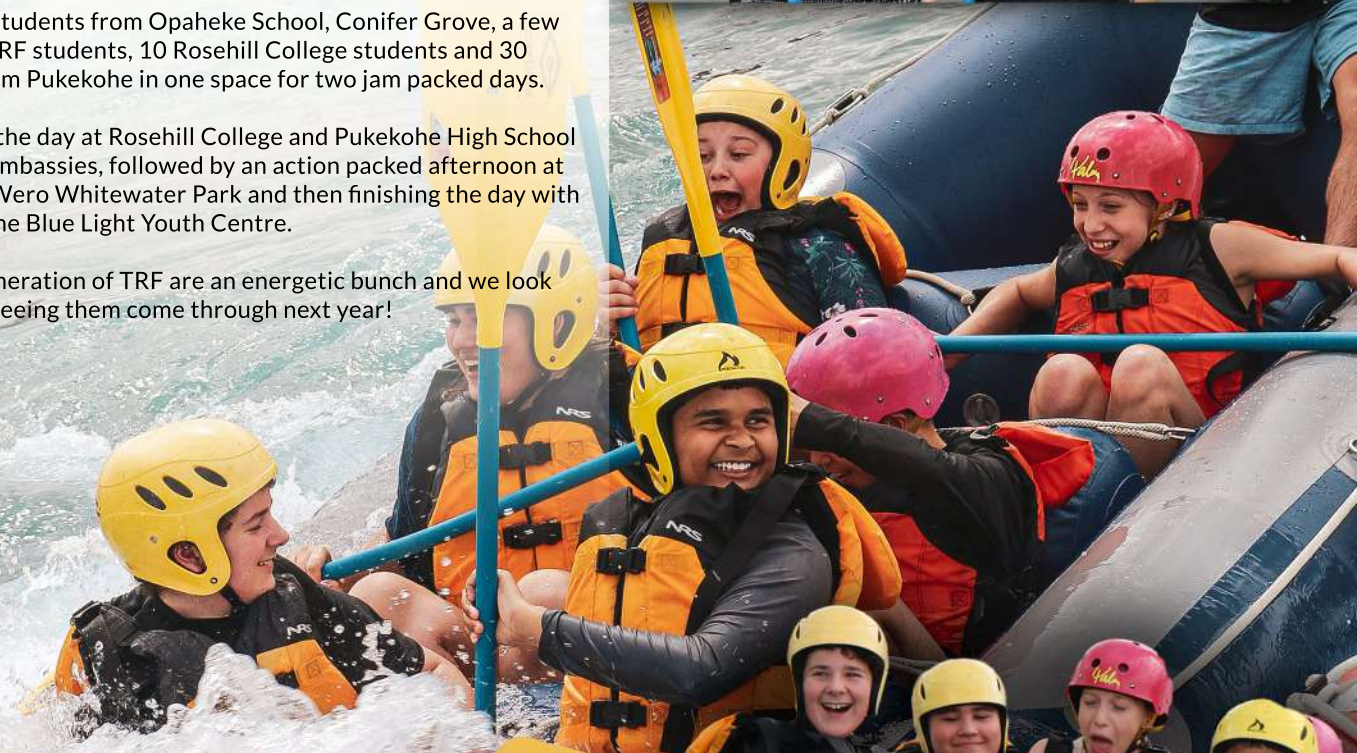


Transition 1 looks a little different this time round, with TRF hosting a whānaungatanga day in place of the traditional camps.

We had 20 students from Opaheke School, Conifer Grove, a few siblings of TRF students, 10 Rosehill College students and 30 students from Pukekohe in one space for two jam packed days.

We started the day at Rosehill College and Pukekohe High School in the TRF Embassies, followed by an action packed afternoon at the Vector Wero Whitewater Park and then finishing the day with a movie at the Blue Light Youth Centre.

The next generation of TRF are an energetic bunch and we look forward to seeing them come through next year!





# CELEBRATING EXCELLENCE

The will to win, the desire to succeed and the urge to reach your full potential are the keys that will unlock the door to excellence. As the year comes to an end, the hard work and accomplishments of our senior students become recognised by their schools, peers and whanau. We take pride in seeing this cohort grow and get closer to their goals.

Congratulations to all our Graduating seniors!



*Arasi Tuiolemotu - Rangitira Trophy and Service to whanau*

*Dhyanna Maria Hura - Head Prefect Award 2023*

*Myra Tafa - 1st in Art and Auckland Council Scholarship*

*George Crichton - 1st in Dance and All Rounder student Award (Academics, Sports and Whanau)*

*Jeremiah Laki - 1st in Physical Education*

*Ivy Lyden-Hancy - 1st in Health, Wahine toa Award and 2023 Dux*

*Deziray Mcleod - 1st in Outdoor Education*

*Dalys Esera - Selected to travel with two other students to go to Thailand at the end of the year to play rugby.*







# *the* RISING FOUNDATION GRADUATION 2023

What a great night we had! Graduating from The Rising Foundation is a mile stone, a marker in time that celebrates achievement on a number of levels.

The night was all about our students. On one level our Graduates have been loyal to a programme, to a group of friends and to a mentor at school for an extended period of time, many for their whole High School career. They are coming to the end of Secondary education and are contemplating going their separate ways and plotting their own course forward, it's a rite of passage.

But getting to this point in TRF means much more than that. By staying with us and staying in school they overcome a lot of the personal barriers that other young people fall at. They improve academically, they increase their chances of gaining qualifications and getting into University, many for the first time in their family. Even those who don't feel ready for further study have a clear idea of where to next and a sense of confidence and capability about getting there.

Each one has had the opportunity to step up, internally and publicly, in a variety of ways. They have grown as leaders, as representatives of their family and culture, as entrepreneurs, as mentors for the younger students on the programme and as examples of good attitude, self-discipline, personal integrity, emotional stability and compassion. They have learnt how to gain a good reputation for themselves and with themselves. They have felt safe to be themselves, to understand themselves and discover a sense of purpose for themselves.

How great to see the place full of our families and friends and to see our schools and supporters so well represented. This year we were also able to honour three of our workers, Aviata, Eddie and Wendy, who will have moved on from our team before the next Graduation comes around.

Thanks to everyone who worked so hard to make this event so special and of course, congratulations to all of our brilliant Graduates!







Ashanti Amanuel  
Advisor Of The Year Award



Bronson Talapule  
Feleti Endeavour Award



Arasi Tuiolomotu  
Advisor Of The Year Award

## ADVISOR OF THE YEAR & FELETI ENDEVOUR AWARDS



Shaodahn Tonga  
Advisor Of The Year Award



Kasanita Matekuolava  
Advisor Of The Year Award



# the PARTING SHOT

As we come to the end of 2023 we are preparing to farewell two of our 'veteran' workers, Aviata Tanielu and Faumuina Eddie Lepou who have been leading our work in Sir Edmund Hillary Collegiate and Papakura High School. (holding the picture frames).

We are going to miss these much admired leaders, who have had a big influence on the team, their students, their schools and their wider communities during their time with us. All the best to you both on your next chapters in life and work.



the  
RISING  
FOUNDATION

## A COMMUNITY OF FRIENDS

The Rising Foundation would like to acknowledge all Sponsors, Philanthropic Trusts, Corporate Businesses, Individuals, Local Businesses, School Trustees, Principals, School Staff, Families and our Community Trusts who sponsor students or have helped us to expand our programme. During the thirteen years that the programme has been running, we have seen 2000+ students and their families and friends benefit from our work across the wider Auckland area.

Without your generous support and collaboration none of this would be possible.

THANK YOU FOR SUPPORTING THE RISING FOUNDATION; WE ALL TRULY APPRECIATE IT.

## SPONSORS

Thank You!



"Unlocking Young People's Potential since 2009"  
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